California Code Of Regulations
|->
Title 22@ Social Security
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Division 2@ Department of Social Services-Department of Health Services
|->
Part 2@ Health and Welfare Agency-Department of Health Services Regulations
|->
Subdivision 6@ Preventive Medical Services
|->
Chapter 6@ California Special Supplemental Food Program for Women, Infants and Children
|->
Article 1@ Definitions
|->
40645 Nutrition Education

Nutrition education means individual or group education sessions and the provision of information and educational materials designed to improve health status, achieve positive change in dietary habits, and emphasize relationships between nutrition and health, all in keeping with the individual's personal, cultural, and socioeconomic preferences.